Stretch Outcome APRIL 2024	Key Drivers	Improvement Project Aim	Baseline Trend Data	Target Population/ Intervention Tier	Lead Partner/Project Manager	Meeting Charter will be submitted to
10. Healthy life expectancy (time lived in good health) is five years longer by 2026 Responsible Outcome Improvement Group: Resilient, Included & Supported Group (RIS)	Supporting vulnerable and disadvantaged people, families and groups.	10.1 Reduce the 5 year rolling average number of suicides in Aberdeen by at least 5% by 2026. CONTINUING	5 year rolling average number of suicides in Aberdeen 30 27.8 28.0 27.0 2021 2022	City Wide; Adults; Prevention	ACHSCP Steven Stark Jenni Campbell	
		10.2 Increase the number of carers identified by 20% by 2025. CONTINUING	Number of Carers Identified 1000 803 1006 500 400 2021/22 2022/23 2023/24	City Wide; Unpaid carers; Early Intervention	Quarriers Andrew Falconer	
	Provide individuals and communities with the social resources needed to reduce feelings of loneliness and social isolation.	10.3 Increase by 50% the number of people engaged with Stay Well Stay Connected initiatives by 2025. NEW	Core Wellbeing Team - current monthly contacts 660 400 200 0 2024	City Wide; Over 45s; Prevention	ACHSCP	
	Encouraging adoption of healthier lifestyles through a whole family approach.	10.4 To support 50 low-income families in priority neighbourhoods to improve healthy eating behaviours and adopt good life choices to support healthy weight by 2026. CONTINUING	Number of families reporting improved healthy eating behaviours and good life choices 50 0 25 0 2023	Priority neighbourhoods; Low income families; Prevention	ACHSCP Iain Robertson	
		10.5 Increase by 5% the number of people living in identified priority neighbourhoods who accept the invitation of cancer screening on the basis of informed consent by 2026. NEW	To be confirmed.	Priority neighbourhoods; Prevention	NHSG Elaine McConnachie	

Stretch Outcome APRIL 2024	Key Drivers	Improvement Project Aim	Baseline Trend Data	Target Population/ Intervention Tier	Lead Partner/Project Manager	Meeting Charter will be submitted to
		10.6 Decrease the number of women who are smoking in pregnancy in the 40% most deprived SIMD by 5% by 2026. NEW	Number of women who are smoking in pregnancy in the 40% most deprived SIMD	SIMD1; Women in pregnancy; Early Intervention	NHSG Chris Smillie	
		10.7 Increase by 20% the number of individuals living with Chronic Pain into self-management and other pathways initiatives to support their conditions by 2026. NEW	To be confirmed.	City Wide; People living with chronic pain; Early Intervention	Sport Aberdeen Andrinne Craig	
		10.8 Reduce to 4% the number of 13-18 year olds in regular use of Vaping products by 2026. NEW	Number of 13-18 year olds in regular use of Vaping products 5.6% 5.6% 5% 2022/23 2023/24	City Wide; 11-16 year olds; Early Intervention	Aberdeen City Council (Education) Niki Paterson	

RIS Group rationale for prioritisation: